

Psalms Mixtape: Side A

June 24 – Psalm 1

July 1 – Psalm 23

July 8 – Psalm 4

Heart Head Hands: Pathways to Spiritual Growth

July 15, 22, 29

Psalms Mixtape: Side B

Aug 5 – Psalm 67

Aug 12 – Psalm 46

Aug 19 – Psalm 130

Aug 26 – Psalm 62

Sep 2 – Psalm 8

Sections of Psalms

Intro

1-2

Book 1

3-41

Book 2

42-72

Book 3

73-89

Book 4

90-106

Book 5

107-150

הַלְלוּ-יְהוָה

yah hal-le-lu
Yahweh Praise

Halleluiah = "Praise the LORD"

Psalm 1

Describes the people of God as those who are faithful to the Lord's teaching.

Psalm 2

Describes the people of God as those who await the Lord's promised King.

Psalm 1

¹ Blessed is the one

who does not walk in step with the wicked
or stand in the way that sinners take
or sit in the company of mockers,

² but whose delight is in the law of the LORD,
and who meditates on his law day and night.

³ That person is like a tree planted by streams of water,
which yields its fruit in season
and whose leaf does not wither—
whatever they do prospers.

Psalm 1

⁴ Not so the wicked!

They are like chaff
that the wind blows away.

⁵ Therefore the wicked will not stand in the judgment,
nor sinners in the assembly of the righteous.

⁶ For the LORD watches over the way of the righteous,
but the way of the wicked leads to destruction.

The Wicked

The community of people who oppress others for self-benefit. They disadvantage others in order to advantage themselves. They oppose God's wisdom. They are foolish, arrogant, and oppressive.

The Righteous

The community of people who fear the Lord and delight in his Word. They advantage the broader community, even at the disadvantage of themselves. They seek God's wisdom. They are wise, humble, and self-sacrificing.

Psalm 1:5-6

- ⁵ Therefore the wicked will not stand **in the judgment**,
nor sinners in the assembly of the righteous.
- ⁶ For the LORD watches over the way of the righteous,
but the way of the wicked leads to destruction.

Psalm 1:1

¹ Blessed is the one
who does not **walk** in step with the wicked
or **stand** in the way that sinners take
or **sit** in the company of mockers,

Psalm 1:1 (NIV)

¹ Blessed is the one
who does not **walk** in
step with the wicked

or **stand** in the way
that sinners take

or **sit** in the company
of mockers,

Psalm 1:1 (ESV)

¹ Blessed is the man
who **walks** not in the
counsel of the wicked,

nor **stands** in the way
of sinners,

nor **sits** in the seat of
scoffers;

Psalm 1:1-3

¹ Blessed is the one

who does not walk in step with the wicked
or stand in the way that sinners take
or sit in the company of mockers,

² **but whose delight is in the *Torah* of the LORD,
and who meditates on his *Torah* day and night.**

³ That person is like a tree planted by streams of water,
which yields its fruit in season
and whose leaf does not wither—
whatever they do prospers.

Jeremiah 2:13

¹³ "My people have committed two sins:
They have forsaken me,
the spring of living water,
and have dug their own cisterns,
broken cisterns that cannot hold water.

