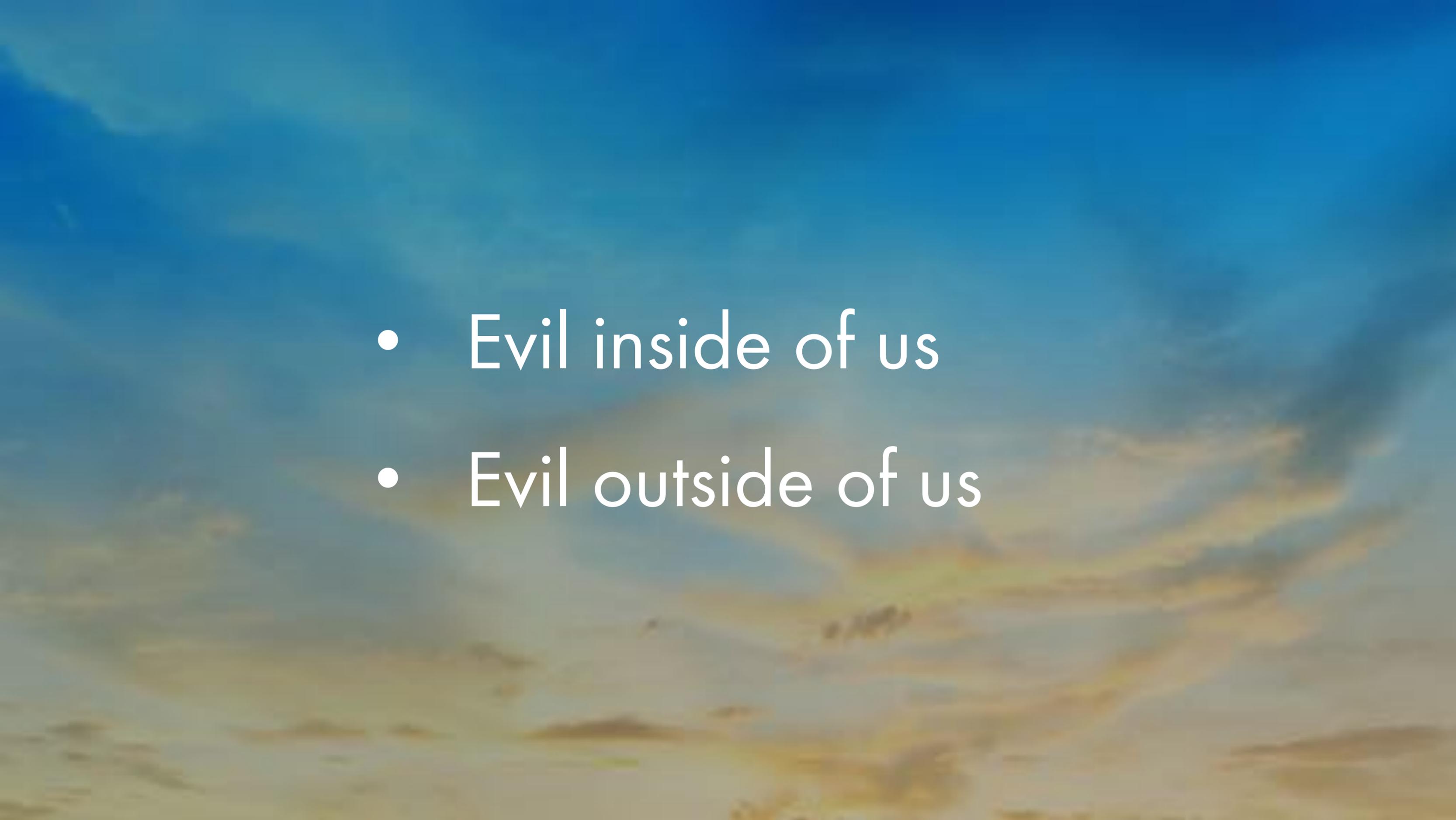






If I'm Honest...

Real Life in the Psalms

- 
- Evil inside of us
 - Evil outside of us

For the director of music. Of David. A psalm.

¹ I waited patiently for the Lord; he turned to me and heard my cry. ² He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. ³ He put a new song in my mouth, a hymn of praise to our God. Many will see and fear the Lord and put their trust in him.

Psalm 40:1-3 (NIV 2011)

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Psalm 40:1-3 (NIV 2011)

⁴ Blessed is the one who trusts in the Lord, who does not look to the proud, to those who turn aside to false gods. ⁵ Many, Lord my God, are the wonders you have done, the things you planned for us. None can compare with you; were I to speak and tell of your deeds, they would be too many to declare.

Psalm 40:4-5 (NIV 2011)

⁶ Sacrifice and offering you did not desire—but my ears you have opened—burnt offerings and sin offerings you did not require. ⁷ Then I said, “Here I am, I have come—it is written about me in the scroll. ⁸ I desire to do your will, my God; your law is within my heart.”

Psalm 40:6-8 (NIV 2011)

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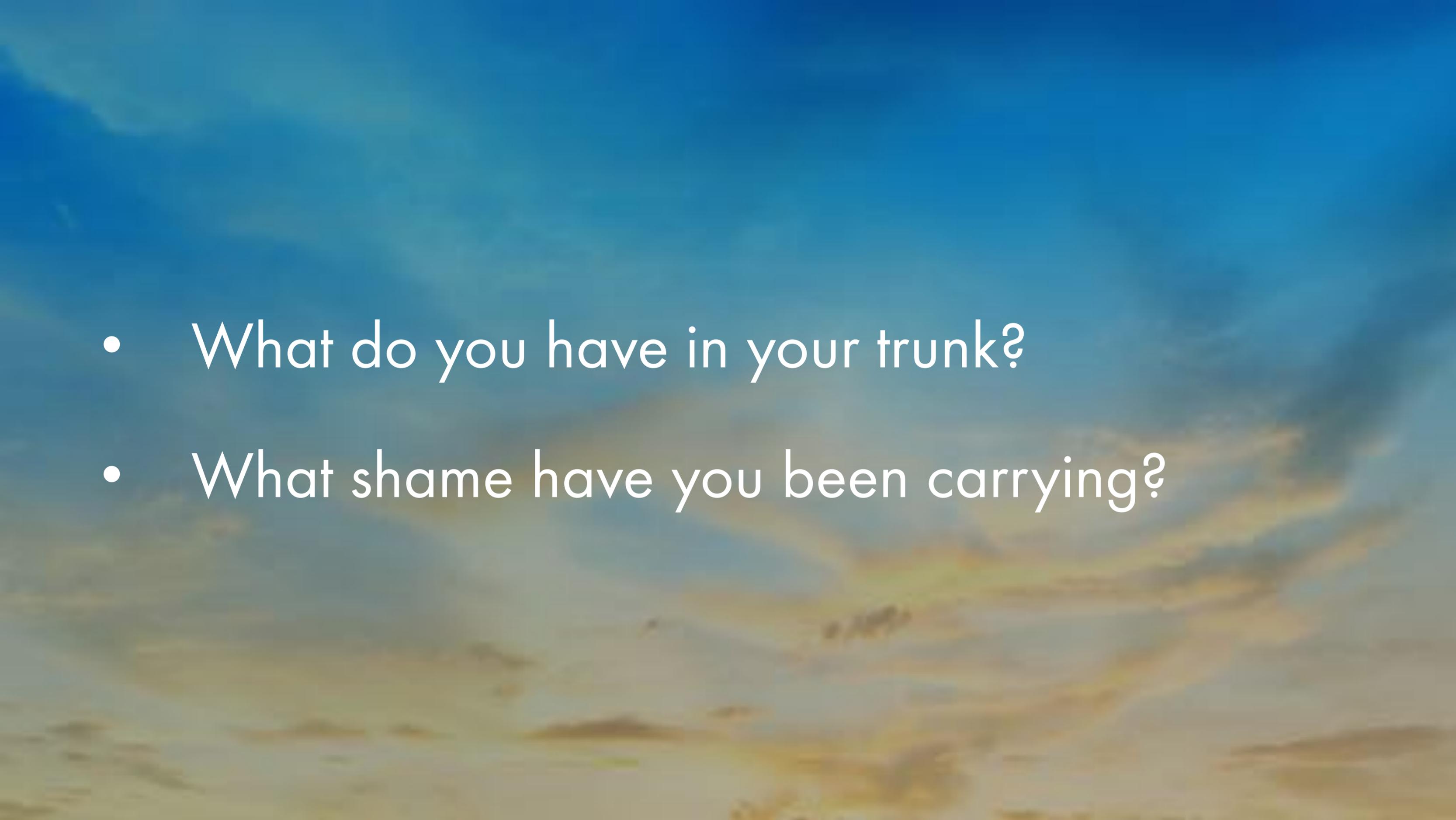
kârâh = "To dig out"

¹¹ Do not withhold your mercy from me, Lord; may your love and faithfulness always protect me. ¹² For troubles without number surround me; my sins have overtaken me, and I cannot see. They are more than the hairs of my head, and my heart fails within me.

Psalm 40:11-12 (NIV 2011)

¹⁷ But as for me, I am poor and needy; may the Lord think of me. You are my help and my deliverer; you are my God, do not delay.

Psalm 40:17 (NIV 2011)

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- What do you have in your trunk?
 - What shame have you been carrying?