



If I'm Honest...

Real Life in the Psalms

A song of ascents. Of David.

- ¹ How good and pleasant it is when God's people live together in unity!**
- ² It is like precious oil poured on the head, running down on the beard, running down on Aaron's beard, down on the collar of his robe.**
- ³ It is as if the dew of Hermon were falling on Mount Zion. For there the LORD bestows his blessing, even life forevermore.**

Psalm 133 (NIV 2011)

A song of ascents. Of David.

Psalm 133: Title (NIV 2011)

**¹ How good and pleasant it is
when God's people live together in unity!**

Psalm 133:1 (NIV 2011)

² It is like precious oil poured on the head,
running down on the beard,
running down on Aaron's beard,
down on the collar of his robe.

Psalm 133:2 (NIV 2011)

³⁰ You shall anoint **Aaron** and his sons, and consecrate them, **that they may serve me as priests.** ³¹ And you shall say to the people of Israel, ‘This shall be my holy anointing oil throughout your generations. ³² **It shall not be poured on the body of an ordinary person, and you shall make no other like it in composition.** It is holy, and it shall be holy to you.

Exodus 30:30-32 (ESV)

³ It is as if the dew of **Hermon**
were falling on Mount Zion.
For there the LORD bestows his blessing,
even life forevermore.

Psalm 133:3 (NIV 2011)





Mount Hermon

Mediterranean Sea

Sea of Galilee

200 miles

Jerusalem

**⁹ Blessed are the peacemakers,
for they will be called children of God.**

Matthew 5:9 (NIV 2011)

Am I being kind?

²⁴ And the Lord's servant must not be quarrelsome but must be **kind to everyone**, able to teach, not resentful.

2 Timothy 2:24 (NIV 2011)

²⁵ Opponents must be gently instructed, in the hope that God will grant them repentance leading them to a knowledge of the truth, ²⁶ and that they will come to their senses and escape from **the trap of the devil**, who has taken them captive to do his will.

2 Timothy 2:25-26 (NIV 2011)

Am I building others up?

²⁹ Do not let any unwholesome talk come out of your mouths, but only what is helpful for **building others up** according to their needs, that it may benefit those who listen.

Ephesians 4:29 (NIV 2011)

Am I trying hard to bring unity?

² Be completely humble and gentle; be patient, bearing with one another in love. ³ **Make every effort** to keep the unity of the Spirit through the bond of peace.

Ephesians 4:2-3 (NIV 2011)

Am I trying to understand the other side?

- ²⁷ The one who has knowledge uses words with restraint, and whoever has understanding is even-tempered.
- ²⁸ Even fools are thought wise if they keep silent, and discerning if they hold their tongues...

Proverbs 17:27-28 (NIV 2011)

**Am I trying to understand
the other side?**

**² Fools find no pleasure in understanding
but delight in airing their own opinions.**

Proverbs 18:2 (NIV 2011)